

Total Duration

## Santa Rosa Academy

## **TK-8 Physical Education Log**

	EXCELLENCE				
Student Name:				Learning Period:	
20 • K	00 minutes pe eep a log of a	er week (Grad Il activities, in	ncluding date, time (duration), as	nd description of activity.	
			ties completed on a weekend or	a holiday since they will not	
	ount towards i		ninutes.		
• L	IST OF SKI Aerobic Condi		Group Dynamics (GD)	Movement Concepts (MC)	
Balance (B) Body Management (BM) Fitness Concepts (FC) Flexibility (F)			Knowledge Acquisition (KA) Locomotor Movement (LM) Manipulative Skills (MS) Motor Development (MD)	Rhythmic Skills (RS) Social Interaction (SI) Strength and Endurance (SE)	
Date	Duration				
	(Mins)	]	Description of Activity	Skills Worked On	